



WILDERNESS:

Your truest and deepest Self

The Self found away from Culture

Your Deepest Belonging to the  
Earth Community

Your Greatest Gift to the  
Human Community

Your Wilderness  
is  
Your Medicine



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# WILDERNESS IS MEDICINE

NATURE-BASED •  
RETREATS AND  
WILDERNESS  
IMMERSION  
PROGRAMS FOR  
HEALTH\_CARE  
PROFESSIONALS  
IN THE WILDS OF  
NORTH AND CENTRAL  
AMERICA

WILDERNESS IS MEDICINE

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# WILDERNESS IS MEDICINE

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Rediscover the Wild  
Purpose of Your Life  
in the  
Wilderness of  
North and Central  
America





*Our Wilderness Is Our Medicine*

Pacific Southwestern &  
Rocky Mountain Region  
(Open January, 2015)

Northwest & Northern  
Plains Region  
(Coming Fall 2015)

North Central & Midwest Region  
(Coming Fall 2015)

Mid-Atlantic & Northeast Region  
(Coming Summer 2016)

South & Southeast Region  
(Coming Fall 2016)



## OUR OFFERINGS

Begin the Pilgrimage  
Wander Into The Wilderness  
Encounter Your Medicine

### **INTRODUCTORY PROGRAMS:**

PREPARATION FOR THE JOURNEY  
A STEP INTO WILDERNESS



*Discovery*



*Enchantment*

### **DEEP IMMERSIONS**

WHOLE, THEN HEAL THYSELF  
WILDERNESS IS MEDICINE INTENSIVE  
MEDICINE QUEST



*Rejuvenation*



*Healing*

### **ADVANCED PROGRAMS:**

WILD SABBATICAL  
WIM YEAR-LONG INTENSIVE



*Leadership*



*Wisdom*